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This month in the news..

Welcome to the October Issue of the Acupuncture.com.au monthly newsletter.

If you wish to contribute a story or article about Acupuncture or Traditional Chinese Medicine please contact the Acupuncture.com.au team through the web.

19/09/2011—Acupuncture in emergency medicine: Results of a case series



BACKGROUND:

Acupuncture (AP) might be indicated in emergency medicine. This case series was performed to demonstrate the practicability and possible effects of AP in emergency medical services (EMS) as a basis for randomized controlled trials (RCT).

SUBJECTS AND METHODS:

A total of 60 patients (average age 55.4 ± 23.0 years, 57% female) treated by the EMS received AP if applicable. Main outcome parameter was to rate the symptom alleviating effect of acupuncture treatment on a 4-point scale or by VAS.

RESULTS:

Of the 60 patients 35 (58%) reported considerable improvement, 15 patients (25%) reported complete relief and 10 patients (17%) reported no changes in the cardinal symptom. The predominant symptoms alleviated by AP were nausea ($n=31$) and vomiting ($n=21$). Pericardium 3 and 6 (27%) and Spleen 6 and 9 were the most commonly used AP points.

CONCLUSION:

This case series demonstrates that AP can alleviate certain symptoms in emergency patients. The results of the study provide data as a basis to perform clinical controlled trials on the effectiveness of AP in emergency medicine.

Country: Germany / **Institute:** Interdisziplinäre Schmerzambulanz, Klinik für Anaesthesiologie, Klinikum der Universität München, Innenstadt, Pettenkoferstr. 8A, 80336, München, Deutschland. / **Author(s):** Fleckenstein J, Schottdorf J, Kreimeier U, Irnich D. / **Journal:** Anaesthesist. 2011 Sep 16.

Upcoming Events Calendar for October / November 2011

Oct 1 - Webinar - Chronic Fatigue and Chinese Herbal Medicine

When: 9.00am, Pacific Time - 6.00pm, Pacific Time, Where:

Contact: Donna Chow on (866) 905-6887 or info@elotus.org

Oct 1 - Brunswick - Esoteric Acupuncture Foundation Level 1

When: 9am - 5pm, Where: Aust Shiatsu College 103 Evans Street

Contact: Alison Clarke on 03 9761 1509 or alison@intofreedom.com.au or info@chinabooks.com.au

This is a multi-day event ending on the 02/10

Oct 2 - Webinar - TCM Tx of Irregular Menstruation and Menopausal Disorders

When: 9.00am, Pacific Time - 6.00pm, Pacific Time, Where:

Contact: Donna Chow on (866) 905-6887 or info@elotus.org

Oct 10 - Hangzhou, China - China Tour 2011

When: 8.30 - 4.00, Where: 966 YuHangFang Rd.

Contact: James Spears on (01) 7072067473 or james.spears@ihsociety.com

This is a multi-day event ending on the 21/10

Oct 15 - Webinar - Treatment of Pain with Acu and Chinese Herbs: Upper Body

When: 9.00am, Pacific Time - 6.00pm, Pacific Time, Where:

Contact: Donna Chow on (866) 905-6887 or info@elotus.org

Oct 16 - Webinar - Integrative Internal Medicine Part II

When: 9.00am, Pacific Time - 6.00pm, Pacific Time, Where:

Contact: Donna Chow on (866) 905-6887 or info@elotus.org

Nov 12—Webinar - Mix & Match 30 Formulas for Clinical Success

When: 9.00am, Pacific Time - 6.00pm, Pacific Time, Where:

Contact: Donna Chow on (866) 905-6887 or info@elotus.org

Nov 13—Webinar - Laboratory Test Results and Chinese Herbal Medicine

When: 9.00am, Pacific Time - 6.00pm, Pacific Time, Where:

Contact: Donna Chow on (866) 905-6887 or info@elotus.org