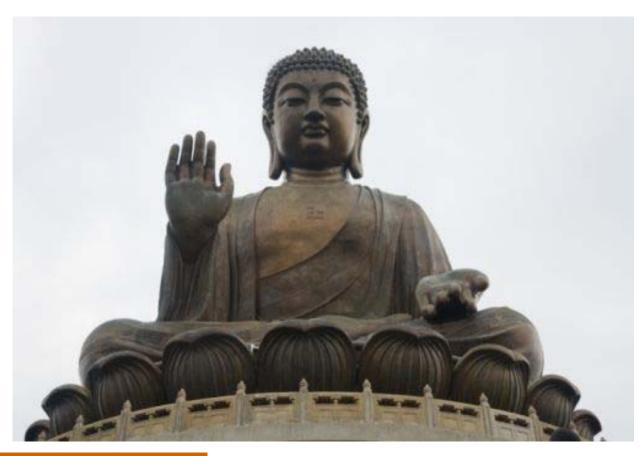
acupuncture.com.au

MAY 2011 ISSUE



IN THIS ISSUE

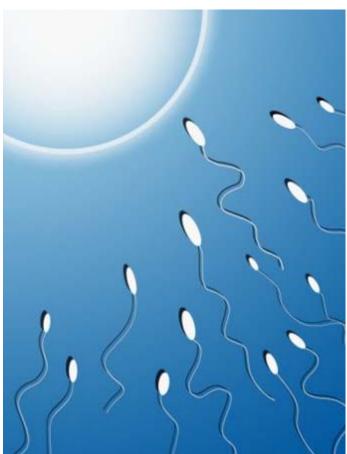
- 1. This months news
- 2. Development of a fertility Acupuncture protocol: defining an Acupuncture treatment protocol to support and treat women experiencing conception delays.
- 3. Upcoming Events Calendar for 2011

This month in the news...

Welcome to the May Issue of the Acupuncture.com.au monthly newsletter.

If you wish to contribute a story or article about Acupuncture or Traditional Chinese Medicine please contact the Acupuncture.com.au team through the web.

20/04/2011—Development of a fertility Acupuncture protocol: defining an Acupuncture treatment protocol to support and treat women experiencing conception delays.



Abstract Background: The influence of acupuncture on female fertility is of interest to people in clinical practice and acupuncture researchers. Despite developing research in the field, there is a marked absence of research defining an adequate treatment to support and treat women experiencing delays in conceiving.

Objectives: The aims of this study were to develop a consensus among acupuncture fertility specialists on what is adequate acupuncture treatment to promote female fertility in the periconception period; to examine what acupuncturists do in a consultation; to examine their actions and their exchanges with their patients; and to finalize

an acupuncture intervention for a clinical trial of fertility problems. Design and subjects: An online consensus-building technique was used among acupuncturists who are recognized experts in the field of women's reproductive health. The 10 subjects were selected on the basis of their published work with respect to treating female fertility problems or on the recommendation of researchers who had published articles in this discipline. All 10 subjects currently, or until recently, treated (some exclusively) women facing fertility problems using acupuncture as one of the modalities to address these problems.

Results: Although the participants were relatively diverse, a consensus emerged regarding the best way to provide acupuncture to women with fertility problems. Along the way, a rich vein of qualitative data emerged about the way in which acupuncture is applied. These data included, for example, the high value placed on differential diagnosis and the importance of the practitioner-patient relationship for the therapeutic outcome. Conclusions: Consensus building among experts

20/04/2011—Development of a fertility Acupuncture protocol: defining an Acupuncture treatment protocol to support and treat women experiencing conception delays.

provides a transparent method of protocol development suited to acupuncture research that will then hold relevance to clinical practice.

Country: Australia | **Institute:** Center for Complementary Medicine Research, University of Western Sydney, Campbelltown Campus, Penrith, New South Wales, Australia | **Author(s):** Cochrane S, Smith CA, Possamai-Inesedy A. Source | **Journal:** J Altern Complement Med. 2011 Apr;17(4):329-37.

Upcoming Events Calendar for 2011

May 2—Ko Phagnan, Thailand - Meridian Circuit Systems

When: 10.00am - 1.00pm, Where: 112 Haad Tien

Contact: James Spears on 01 707-206-7473 or james.spears@ihsociety.com

This is a multi-day event ending on the 06/05

May 14—Classical 5 Element Acupuncture

Melbourne - Gye Bennets When: 9am - 5pm, Where: Endeavour College of Natural Medicine - City-

Contact: Gye Bennet on (02) 8084 1741 or courses@5element.com.au

This is a multi-day event ending on the 15/05

May 28—Classical 5 Element Acupuncture

Brisbane - Gye Bennets When: 9am - 5pm, Where: Latrobe Health Centre - Paddington

Contact: Gye Bennet on (02) 8084 1741 or courses@5element.com.au

This is a multi-day event ending on the 29/05

May 28—Sydney—Dragon Rises Seminars: Contemporary Chinese Pulse Diagnosis

When: 9.00am - 5.30pm, Where: CBD

Contact: Karen Bilton on 0416 458 477 or karen@lotushealingarts.com

This is a multi-day event ending on the 29/05

June 18—Sydney - Dragon Rises Seminars: Contemporary Chinese Pulse Diagnosis

When: 9.00am - 5.30pm, Where: CBD

Contact: Karen Bilton on 0416 458 477 or karen@lotushealingarts.com

This is a multi-day event ending on the 19/06