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National Registration

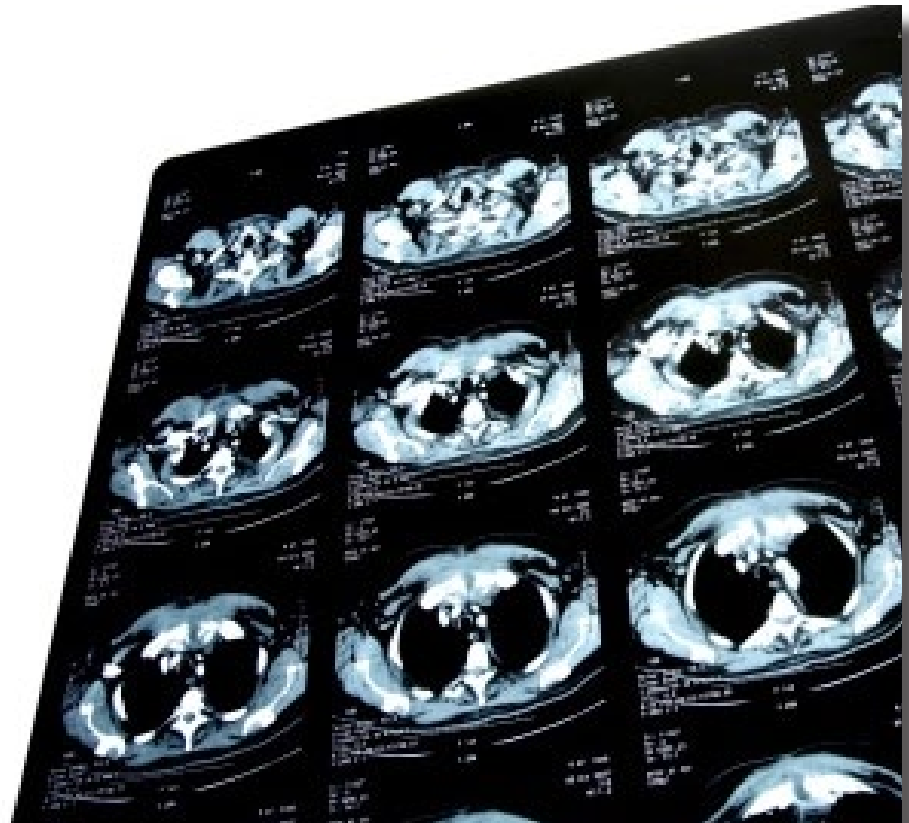
As most people would know by now Acupuncture and Chinese Medicine as a profession is to become governed by one body starting in July 2012.

If you are a practitioner and have not registered for the national scheme yet it is advised that you do so as soon as possible to avoid any complications.

For more information contact your Acupuncture association.

30/05/2012 - Effectiveness of Acupuncture and bee venom Acupuncture in idiopathic Parkinson's Disease.

This study aimed to explore the effectiveness of both acupuncture and bee venom acupuncture as adjuvant therapies for idiopathic Parkinson's disease.



Chinese Name: Sanyinjiao

English Name: Three Yin Crossing

Location: 3 cun directly above the tip of the medial malleolus, on the posterior border of the tibia, on the line drawn from the medial malleolus to Yinlingquan (SP9).

Precautions: Forbidden to needle during pregnancy (stimulates uterine contraction).

Nature: Meeting point of the Three Foot Yin channels.

Functions: Strengthens Spleen and Stomach, aids spleens transforming and transporting functions, transforms dampness, spreads Liver Qi, benefits Kidneys, invigorates the circulation of Qi and Blood, dispels Wind-Damp from the jing-luo (bi syndrome), major point in gynaecology and obstetrics, major point for insomnia.

Primary Indications: Stomach & Spleen Xu (poor digestion / poor appetite / x vomiting), borborygmus with abdominal distension, menstrual disorders (irregular menses / amenorrhoea / dysmenorrhoea / menorrhagia), spermatorrhoea, lin syndrome (dysuria) urinary incontinence, oedema.

Secondary Indications: Insomnia.

Tertiary Indications: Diarrhoea, vaginal discharge, uterine haemorrhage, uterine prolapse, female infertility, difficult labour, retention of lochia, restless foetus, dizziness/vertigo, impotence, pain in penis or scrotum, hernia, paralysis of lower extremities (wei syndrome), bi syndrome of legs, knee pain, foot swelling, abdominal pain, cold limbs, skin rashes, heavy sensation in body.

This information is from Acupuncture Point Dynamics by John McDonald.

This study aimed to explore the effectiveness of both acupuncture and bee venom acupuncture as adjuvant therapies for idiopathic Parkinson's disease.

We recruited 43 adults with idiopathic Parkinson's disease who had been on a stable dose of antiparkinsonian medication for at least 1 month. They were randomly assigned to 1 of 3 groups: acupuncture, bee venom acupuncture, or control.

All participants were assessed using the Unified Parkinson's Disease Rating Scale, the Parkinson's Disease Quality of Life Questionnaire, the Beck Depression Inventory, the Berg Balance Scale, and the time and number of steps required to walk 30 m. Treatment groups underwent stimulation of 10 acupuncture points using acupuncture or bee venom acupuncture twice a week for 8 weeks. The initial assessment was repeated at the completion of treatment. The control group did not receive any treatment.

Participants in the bee venom acupuncture group showed significant improvement on the Unified Parkinson's Disease Rating Scale (total score, as well as parts II and III indi-

vidually), the Berg Balance Scale, and the 30 m walking time. When compared to the control group, the bee venom acupuncture group experienced significantly greater improvement on the Unified Parkinson's Disease Rating Scale. In the acupuncture group, the Unified Parkinson's Disease Rating Scale (part III and total scores) and the Beck Depression Inventory showed significant improvement. The control group showed no significant changes in any outcome after 8 weeks.

In this pilot study, both acupuncture and bee venom acupuncture showed promising results as adjuvant therapies for Parkinson's disease.

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Upcoming Events

June 23 - Sydney

Advanced Constitutional Facial Acupuncture Certification

When: 9:00am - 6:00pm, Where: Level 5, 545 Kent Street
Contact: Georgina Black on (02) 9280 1885 or info@china-bookssydney.com.au, books@chinabookssydney.com.au
This is a multi-day event ending on the 01/07

July 4 - Sydney

Alchemical Facial Acupuncture Renewal Certification Series

When: 9.00am - 6.00pm, Where: Level 5, 545 Kent Street
Contact: Georgina Black on (02) 9280 1885 or info@china-bookssydney.com.au, books@chinabookssydney.com.au
This is a multi-day event ending on the 22/07

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