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National Registration

Acupuncture and Chinese Medicine in Australia has now transitioned into a national registration scheme.

This occurred on the 1st of July 2012.

Acupuncture and Chinese Medicine is now regulated by the Chinese Medicine Board of Australia which is part of the Australian Health Practitioner Regulation Agency (AHPRA).

This will have many benefits for the profession as a whole.

For more information visit:
www.ahpra.gov.au

18/06/2012 - Considerations for use of Acupuncture as Supplemental Therapy for patients with Allergic Asthma.

This study examines the clinical and immunomodulatory effects of acupuncture in the treatment of patients with allergic asthma.



COLON 4

Chinese Name: Hegu

English Name: Enclosed Valley;
Adjoining Valleys.

Location: Between the 1st and 2nd metacarpals, in the middle of the radial side of the 2nd metacarpal bone.

Precautions: Acupuncture and moxibustion on this point are contraindicated during pregnancy.

Nature: Yuan-Source point of the Colon channel.

Functions: Disperses Wind, relieves Exterior conditions, eliminates Wind-Heat, suppresses pain, activates the dispersing function of Lungs, relieves stagnation in the intestines, activates the intestinal function, inhibits peristalsis of the stomach/relaxes its spasms and pyloric sphincter, THE point for all facial symptoms, "For mouth and face Hegu is ace" (from the Four Dominant Points Song), for diseases of the sensory organs.

Primary Indications: Headache, epistaxis, deafness, toothache, facial swelling, facial paralysis, sore throat.

Secondary Indications: Febrile diseases, excessive sweating.

Tertiary Indications: Redness/swelling and pain of eye, contracture of fingers, pain in arm, pain in general, trismus, amenorrhoea, delayed labour, abortion, abdominal pain, constipation, dysentery, skin disorders (wind rash, scabies, ding boil), nebula, pain in shoulder and back, common cold, nasal polyps, hemiplegia.

This information is from Acupuncture Point Dynamics by John McDonald.

The acupuncture points GV14, BL12, and BL13 were selected based on the theory of traditional Chinese medicine in treating asthma. Manual acupuncture was performed once every other day (three times per week) for 5 weeks. The needles were twisted approximately 360° evenly at the rate of 60 times/min for 20 s, manipulated every 10 min and withdrawn after 30 min. Concentrations of sIgA and total IgA in secretions were determined by the combination of sucrose density gradient ultracentrifugation and RIA. Levels of cortisol in the plasma were measured by RIA. Total IgE in the sera was examined by ELISA. Flow cytometry was used to detect the numbers of CD3+, CD4+, CD8+, and IL-2R + T lymphocytes in the peripheral blood. The absolute and differential numbers of eosinophils in peripheral blood were counted with eosin staining.

The total efficacy of the acupuncture treatment in patients with allergic

asthma at the end of one course of treatment was 85 %. After treatment, the concentrations of sIgA and total IgA in the saliva ($P < 0.05$).

Acupuncture has regulatory effects on mucosal and cellular immunity in patients with allergic asthma and may be an adjunctive therapy for allergic asthma.

Country: China

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Upcoming Events

July 4 - Sydney

Alchemical Facial Acupuncture Renewal Certification Series

When: 9.00am - 6.00pm, Where: Level 5, 545 Kent Street

Contact: Georgina Black on (02) 9280 1885 or info@chinabookssydney.com.au, books@chinabookssydney.com.au

This is a multi-day event ending on the 22/07

September 2 - Sydney

Holistic TCM Cosmetic Microneeding Training

When: 9.00am - 3.00pm, Where:

Contact: Kamila Kingston on 07 3339 8085 or info@whitelotus.com.au

This is a multi-day event ending on the 02/09

September 7 - Gold Coast

Holistic TCM Cosmetic Microneeding Training

When: 9.00am - 3.00pm, Where: Southport, Gold Coast

Contact: Kamila Kingston on 07 3339 8085 or info@whitelotus.com.au

This is a multi-day event ending on the 07/09

September 9 - Perth

Holistic TCM Cosmetic Microneeding Training

When: 9.00am - 3.00pm

Contact: Kamila Kingston on 07 3339 8085 or info@whitelotus.com.au

This is a multi-day event ending on the 09/09