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This month in the news..

Welcome to the July Issue of the Acupuncture.com.au monthly newsletter.

If you wish to contribute a story or article about Acupuncture or Traditional Chinese Medicine please contact the Acupuncture.com.au team through the web.

28/06/2010 - Efficacy observation of primary dysmenorrhea treated with isolated-herbal moxibustion on Shenque (CV8)



OBJECTIVE: To observe the clinical efficacy on primary dysmenorrhea treated with isolated herbal moxibustion on Shenque (CV 8).

METHODS: One hundred and two cases were randomized into isolated herbal moxibustion group and western medication group, 51 cases in each one. In isolated herbal

moxibustion group, the cases were treated with isolated herbal moxibustion on Shenque (CV 8), and in western medication group, analgesic was administered.

RESULTS: In isolated herbal moxibustion group, 17 cases were cured, 21 cases effective markedly, 9 cases effective and 4 cases failed. The total effective rate was 92.2%. In western medication group, 7 cases were cured, 11 cases effective markedly, 21 cases effective and 12 cases failed. The total effective rate was 76.5%. The comparison of the total effective rates between two groups indicated significant difference in statistics ($P < 0.01$), in which, the result in isolated herbal moxibustion group was superior to that in western medication group. In comparison of dysmenorrhea score before and after treatment and side effects of two groups, the significant differences presented in statistics, in which, the results in isolated herbal moxibustion group were superior to those in western medication group (all $P < 0.01$).

CONCLUSION: The isolated herbal moxibustion on Shenque (CV 8) is supe-

28/06/2010 - Efficacy observation of primary dysmenorrhea treated with isolated-herbal moxibustion on Shenque (CV8)

rior to oral medication of analgesic for primary dysmenorrhea and it deserves to be promoted due to its advantages on safety, less side effect and good compliance of patients.

Country: China / **Institute:** Acupuncture-Moxibustion Department of Rui-kang Hospital Affiliated to Guangxi College of TCM, Nanning 530011, China. nanzhuying@163.com / **Author(s):** Zhu Y, Chen RL, Le JI, Miao FR. / **Journal:** Zhongguo Zhen Jiu. 2010 Jun;30(6):453-5. / **Pubmed ID:** 20578380

Events Calendar for July 2010

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Southport, Gold Coast - Jap Acpt for Knee & Foot Problems

When: 9.00am - 5.00pm, Where: Endeavor College of Natural Health 105 Scarborough Street / Contact: Helio Supply Company on (02) 9698 5555 or tchianese@heliosupply.com.au

This is a multi-day event ending on the 04/07

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Brunswick - Japanese Acupuncture for Asthma

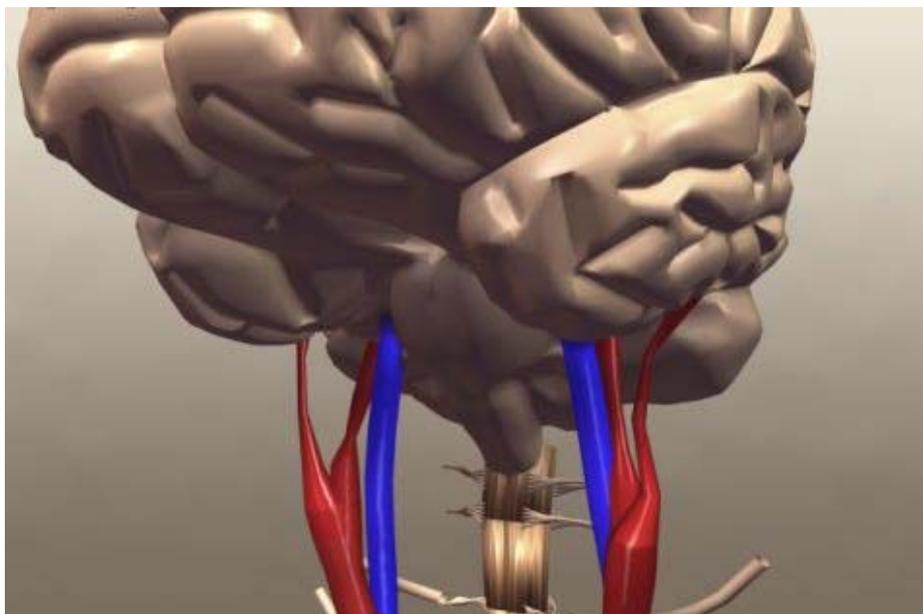
When: 9.00am - 5.00pm, Where: 103 Evans Street Contact: Australian Shiatsu College on (03) 9387 1161 or info@australianshiatsucollege.com.au / This is a multi-day event ending on the 18/07

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Sydney - Japanese Acupuncture for Digestive System

When: 9.00am - 5.00pm, Where: Sydney Institute of Chinese Medicine Level 5, 25 Dixon St / Contact: Helio Supply Company on (02) 9698 5555 or tchianese@heliosupply.com.au / This is a

30/06/2010 - Study on electroacupuncture improving the single-foot supporting phase rate of stroke patients.



OBJECTIVE: To provide biomechanics basis for acupuncture improving motor function of stroke patients.

METHODS: With randomized controlled trial method, 21 cases were randomly divided into a control group (n = 10)

and an acupuncture group (n = 10). The control group was only treated with basic neurology therapies, and acupuncture at Shenshu (BL 23), Qihai (BL 24), Dachangshu (BL 25) and Pishu (BL 20) etc. were added in the acupuncture group. After treatment for 2 weeks, the scores of Fugl-Meyer (lower limb part) and Barthel Index assessment before and after treatment were compared, and the changes of the single-foot supporting phase rate were observed.

RESULTS: After treatment, the scores of Fugl-Meyer (lower limb part) and Barthel Index assessment had no significant difference in the two groups as compared with those before treatment ($P > 0.05$), and the single-foot supporting phase rate in acupuncture group had very significant improvement as compared with both those before treatment and those in the control group ($P < 0.05$ and $P < 0.01$, respectively).

CONCLUSION: Acupuncture can increase the single-foot supporting phase rate of stroke patients and the biomechanics assessment is more sensitive than the rehabilitation scale assessment.

Country: China / **Institute:** Department of Acupuncture and Moxibustion, Guangdong Provincial Second Hospital of TCM, Guangzhou 510095, China. / **Author(s):** Liu G, Lü CS, Yuan LX. / **Journal:** Zhongguo Zhen Jiu. 2010 Jun;30(6):446-8. / **PubMed ID:** 20578378