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## WFAS 2012 - Indonesia

The world federation of Acupuncture - Moxibustion societies (WFAS) are holding their yearly conference this year in Indonesia.

The WFAS - International Conference and Workshop on Acupuncture 2012 will be held in Bandung, Indonesia, at Maison Pine Hotel, from 16 – 18 November 2012.

For more information visit the WFAS website : <http://wfas2012-indonesia.com>

## National Registration

With the National Registration transition occurring on July 1st you are now able to search for registered practitioners at the AHPRA website. <http://www.ahpra.gov.au/Registration/Registers-of-Practitioners.aspx>

## 20/07/2012 - Acupuncture for the treatment of tinnitus: a systematic review of randomized clinical trials.

Complementary and alternative medicine (CAM) has frequently been used to treat tinnitus, and acupuncture is a particularly popular option. The objective of this review was to assess the evidence concerning the effectiveness of acupuncture as a treatment for tinnitus.



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# S M A L L INTESTINE 3

Chinese Name: Houxi

English Name: Back Creek

Location: With the first loosely clenched, this point can be found proximal to the head of the 5th metacarpal at the end of the transverse palmar crease on the junction of the palmar and dorsal skin.

Nature: Shu-Stream point of the Small Intestine channel, reinforcing point of the Small Intestine channel (Mother/Son)

Functions: Relaxes the muscle channels, relaxes the tendons and muscles, clears the Shen, eliminates Wind, regulates sweating (reducing technique to stop sweating; reinforcing to create sweating), opens the Dumai, for all disorders of head, face, nape and neck.

Primary Indications: Headache with stiff neck, red eyes, deafness, contraction of elbow.

Secondary Indications: Arm and fingers, epilepsy, malaria.

Tertiary Indications: Febrile diseases, night sweats, psychosis, epistaxis, paralysis of upper extremities.

Other Indications: Hypertension, hysteria, membrane on the eye, intercostal neuralgia, low back pain, lower limb neuralgia, jaundice, fullness in the chest, hand tremor, common cold, plague, skin disease with itching, cold abscess.

References: This information is from the book Acupuncture Point Dynamics by John McDonald.

## METHODS:

Fourteen databases were searched from the dates of their creation to July 4th, 2012. Randomized clinical trials (RCTs) were included if acupuncture was used as the sole treatment. The Cochrane risk of bias tool was used to assess the risk of bias.

## RESULTS:

A total of 9 RCTs met all the inclusion criteria. Their methodological quality was mostly poor. Five RCTs compared the effectiveness of acupuncture or electroacupuncture with sham acupuncture for treating tinnitus. The results failed to show statistically significant improvements. Two RCTs compared a short one-time scalp acupuncture treatment with the use of penetrating sham acupuncture at non-acupoints in achieving subjective symptom relief on a visual analog scale; these RCTs demonstrated significant positive effects with scalp acupuncture. Two RCTs

compared acupuncture with conventional drug treatments. One of these RCTs demonstrated that acupuncture had statistically significant effects on the response rate in patients with nervous tinnitus, but the other RCT did not demonstrate significant effects in patients with senile tinnitus.

## CONCLUSIONS:

The number, size and quality of the RCTs on the effectiveness of acupuncture for the treatment of tinnitus are not sufficient for drawing definitive conclusions. Further rigorous RCTs that overcome the many limitations of the current evidence are warranted.

Country: Korea

Institute: Kim JI, Choi JY, Lee DH, Choi TY, Lee MS, Ernst E.

Journal: BMC Complement Altern Med. 2012 Jul 17;12(1):97.

## Upcoming Events

### **September 2 - Sydney**

#### **Holistic TCM Cosmetic Microneeding Training**

When: 9.00am - 3.00pm, Where:

Contact: Kamila Kingston on 07 3339 8085 or [info@whitelotus.com.au](mailto:info@whitelotus.com.au)

This is a multi-day event ending on the 02/09

### **September 7 - Gold Coast**

#### **Holistic TCM Cosmetic Microneeding Training**

When: 9.00am - 3.00pm, Where: Southport, Gold Coast

Contact: Kamila Kingston on 07 3339 8085 or [info@whitelotus.com.au](mailto:info@whitelotus.com.au)

This is a multi-day event ending on the 07/09

### **September 9 - Perth**

#### **Holistic TCM Cosmetic Microneeding Training**

When: 9.00am - 3.00pm

Contact: Kamila Kingston on 07 3339 8085 or [info@whitelotus.com.au](mailto:info@whitelotus.com.au)

This is a multi-day event ending on the 09/09

### **November 16-18 - Indonesia**

#### **WFAS International Conference & Workshop on Acupuncture**

When: 16 - 18th November 2012

Where: Badung, Indonesia

Contact: <http://wfas2012-indonesia.com/>