



### IN THIS ISSUE

1. This months news
2. TCM Volunteers required—Collingwood
3. Effect of Acupuncture on Nausea and/or vomiting during and after caesarean section in comparison with ondansetron.
4. Upcoming Events Calendar for August / September 2011

### This month in the news..

Welcome to the August Issue of the Acupuncture.com.au monthly newsletter.

If you wish to contribute a story or article about Acupuncture or Traditional Chinese Medicine please contact the Acupuncture.com.au team through the web.

## TCM VOLUNTEERS REQUIRED—COLLINGWOOD VIC

THE TCM ACUPUNCTURE VOLUNTEER CLINIC AT THE WELLINGTON CENTRE, COLLINGWOOD

### NEEDS TCM VOLUNTEERS FOR THURSDAYS

**WHAT:** The TCM Acupuncture Volunteer Clinic at  
The Wellington Centre is run entirely by registered  
TCM practitioners and students.

**WHEN:** Every Thursday from 07 July 2011  
12.00 noon – 4.30 pm

**WHERE:** St Martin's Church, 215 Wellington Street,  
Collingwood, Victoria

It's main aim is to provide acupuncture treatments to the marginalised and disadvantaged communities in Melbourne. It's donation - based, and helps a huge number of people that would otherwise not be able to afford acupuncture treatments.

It is also a mentor system, where students and recent graduates can assist, observe, and ask questions of some of Melbourne's very experienced and highly regarded TCM practitioners.

Mostly, it's an incredibly busy, buzzy and gratifying experience to go to and lend a hand – as a registered TCM acupuncturist / practitioner or as a student assistant.

If you are interested or available to volunteer, please contact :

Janet Panaccio

Minda Agosta

email: [janetsdesk888@hotmail.com](mailto:janetsdesk888@hotmail.com)

email: [lagosta@bigpond.net.au](mailto:lagosta@bigpond.net.au)

## 20/07/2011—Effect of Acupuncture on Nausea and/or vomiting during and after caesarean section in comparison with ondansetron.



### PURPOSE:

Acupuncture has been used for the management of postoperative nausea and vomiting (PONV). This study compared the effect of electrical acustimulation with ondansetron for preventing intraoperative and postoperative emetic symptoms and improving patient satisfaction.

### METHODS:

After gaining ethical approval, 450 parturients scheduled for elective cesarean delivery were randomly allocated to receive either electrical stimulation using P6 acupoint (pericardium 6) bilaterally for 30 min before spinal anesthesia (group III; n = 150), or 4 mg ondansetron 30 min before spinal anesthesia (group II; n = 150), or placebo (group I; n = 150). Nausea and vomiting were evaluated and recorded intraoperatively and postoperative for 24 h by an independent anesthetist.

### RESULTS:

The three groups were not significantly different with respect to intraoperative ephedrine dose and duration of surgery. Nausea and vomiting occurred statistically significantly less often in the active treatment groups (II, III) during operation and for 6 h postoperatively. There was no statistically significant difference between the groups in the incidence of nausea and vomiting from 6 to 24 h postoperatively. Patient satisfaction with PONV control was higher with the active treatment groups compared with group I.

## 20/07/2011—Effect of Acupuncture on Nausea and/or vomiting during and after caesarean section in comparison with ondansetron.

### CONCLUSION:

Electrical acustimulation is comparable to ondansetron in prevention of PONV during and after cesarean delivery under spinal anesthesia and in improving patient satisfaction.

**Country:** Egypt / **Institute:** Department of Anesthesiology, Faculty of Medicine, Mansoura University, Mansoura, Egypt / **Author(s):** El-Deeb AM, Ahmady MS.

## Upcoming Events Calendar for August/September 2011

### **August 21—Webinar - Allergy, Stress, and Depression: Pulse Dx & Herbal Tx**

When: 9.00am, Pacific Time - 6.00pm, Pacific Time, Where:  
Contact: Donna Chow on (866) 905-6887 or [info@elotus.org](mailto:info@elotus.org)

### **September 21 Webinar - Gastrointestinal and Hepatic Disorders: Pulse Dx & Herbal Tx**

When: 9.00am, Pacific Time - 6.00pm, Pacific Time, Where: Con-  
tact: Donna Chow on (866) 905-6887 or [info@elotus.org](mailto:info@elotus.org)