

LATEST ONLINE FORUM TOPICS

Foreigner looking for
post-grad course

Melbourne Fibromyalgia
practitioner

John McDonald to
appear on Cable-TV

Would the POPE try
Acupuncture?

Sydney Acupuncturist.

Studying Acupuncture
in Adelaide.

Tx of Ross River Fever
with Acupuncture.

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Survey: The uptake and implementation of research evidence by SA acupuncturists in clinic

OBJECTIVE: To examine South Australian acupuncturists' attitudes towards the use of research evidence and concurrently identify predictive factors associated with the uptake and implementation of research evidence.

METHODS: Questionnaires were mailed out to the entire South Australian



acupuncturist population (n=94). The population was divided into two groups, medical acupuncturists (general practitioners or other medical specialists)

and non-medical acupuncturists, as previous studies have suggested that clinicians' attitudes to EBP are particular to the clinical setting.

RESULTS: The total response rate to the survey was 76.6% (n=72). The difference in response rates between non-medical acupuncturists (90.9%, n=60)

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Research: Laser Acupuncture in children with headache.



To investigate whether laser acupuncture is efficacious in children with headache and if active laser treatment is superior to placebo laser treatment in a prospective, randomized,

double-blind, placebo-controlled trial of low level laser acupuncture in 43 children (mean age (SD) 12.3 (+/-2.6) years) with headache (either migraine (22 patients) or

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Acupuncture dedicated research
archives available online.

featuring links to full text articles and search facility

Survey on SA Acupuncturists

(Continued from page 1)

and medical acupuncturists (42%, n=12) was significant ($p < 0.0001$). Over half of all respondents had both prior research training and previous research experience. Both groups held positive attitudes to research utilization, the use of research information was considered to be an important component of their professional practice, although they prioritized patient care over both reading research evidence and undertaking primary research. There was no significant difference in research interest between groups. The only predica-

tive factor that influenced research utilization was related to the non-medical acupuncturists period of time in practice; non-medical acupuncturists interest in research ($\rho = -0.29$, $p = 0.036$) declined as they accrued clinical experience. No predictive factors were identified for the medical acupuncturist group.

CONCLUSION:

South Australian acupuncturists hold favorable views towards research utilization and consider the integration of research evidence into clinical practice as an important component of professional

development. Professional associations should implement strategies which capitalize on the respondents' positive attitudes in order to ensure high quality evidence-based care for patients seeking acupuncture.

Country: Australia

Institute: Centre for Allied Health Evidence, University of South Australia, Australia.

Author(s): Stomski N, Grimmer-Somers K, Petkov J.

Journal: 1: Complement Ther Med. 2008 Aug;16(4):199-205.

Tropisms are the response of a plant to something in its natural environment.

Thigmotropism, in particular, is a general term used to describe a plant's response to physical contact.



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Media gallery - Tickling Tree

In this picture:

This is a "Tickling Tree". It is one of only a few types of plants in the world with the characteristic of being hypersensitive to human touch also known as Thigmotropism. When the trunk is rubbed the leaves at the top of the tree begin to move. A very amazing plant!

August 2008 - Acupuncture / TCM Events

09

Perth - Acupuncture For Pregnancy & Childbirth

When: 9.00 - 5.00, Where: ACNM Perth

Contact: Jodi Hank on 07 5531 2358 or clinic@compmed.com.au

This is a multi-day event ending on the 10/08

10

Brisbane - Daniel Deng Chi Acupuncture

Contact: Cathay herbal on 0283456588 or enquiries@cathayherbal.com

10

Brisbane - Breast, Prostate Cancer & Interleukin 6

When: 10am - 3.30pm, Where: Stamford Plaza, Cnr Edwards & Margaret St

Contact: Emily Lewis on 1300 133 807 or emily@panaxea.com

This is a multi-day event ending on the 10/08

17

Sydney - Daniel Deng Chi Acupuncture

Contact: Cathay Herbal on 0283456588 or enquiries@cathayherbal.com

23

Sydney - Acupuncture For Pregnancy & Childbirth

When: 9.00 - 5.00, Where: Holiday Inn Potts Point

Contact: Jodi Hank on 07 5531 2358 or clinic@compmed.com.au

This is a multi-day event ending on the 24/08

24

Melbourne - Daniel Deng Chi Acupuncture

Contact: Cathay herbal on 0283456588 or enquiries@cathayherbal.com

24

Melbourne - Breast, Prostate Cancer & Interleukin 6

When: 10am - 3.30pm, Where: Hilton Hotel, 192 Wellington Parade

Contact: Emily Lewis on 1300 133 807 or emily@panaxea.com

This is a multi-day event ending on the 24/08

30

Melbourne - Acupuncture For Pregnancy & Childbirth

When: 9.00 - 5.00, Where: Crowne Plaze

Contact: Jodi Hank on 07 5531 2358 or clinic@compmed.com.au

This is a multi-day event ending on the 31/08

For detailed information on any of these events or if you would like to add your own event to our calendar for free, visit us online .

Research: Laser Acupuncture in children with headache

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tension type headache (21 patients)).

“Laser Acupuncture can provide a significant benefit for children with headache with active laser treatment being clearly more effective than placebo”

Patients were randomized to receive a course of 4 treatments over 4 weeks with either active or placebo laser. The treatment was highly individualised based on criteria of Traditional Chinese medicine (TCM). The primary outcome measure was a difference in numbers of headache days between baseline and the 4 months after randomization. Secondary outcome measures included a change in headache severity using a 10 cm Visual Analogue Scale (VAS) for pain and a change in monthly hours with headache. Measurements were taken during 4 weeks before randomization (baseline), at weeks 1-4, 5-8, 9-12

and 13-16 from baseline.

The mean number of headaches per month decreased significantly by 6.4 days in the treated group ($p < 0.001$) and by 1.0 days in the placebo group ($p = 0.22$). Secondary outcome measures headache severity and monthly hours with headache decreased as well significantly at all time points compared to baseline ($p < 0.001$) and were as well significantly lower than those of the placebo group at all time points ($p < 0.001$).

We conclude that laser acupuncture can provide a significant benefit for children with headache with active laser treatment being clearly more effective than placebo laser treatment.

Full Research Title: Laser acupuncture in children with headache: a double-blind, randomized, bicenter, placebo-controlled trial.

Country: Germany

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Author(s): Gottschling S, Meyer S, Gribova I, Distler L, Berrang J, Gortner L, Graf N, Shamdeen MG.

Journal: 1: Pain. 2008 Jul 15;137(2):405-12.

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